Welcome to Attention-MD NJ!

We give our full attention to children with Attention-Deficit-Hyperactivity Disorder (ADHD) and their families; and address the challenges that go along with it. Our evaluation looks at the whole person and we want to begin to get to know you before you arrive for your first visit!

Please fill out the forms that follow completely and feel free to give as much information as needed. Having this information before your appointment helps us use the time at your visit to better address your concerns.

We combine the information in this packet and the information you provide during your appointment, with our FDA cleared state-of-the-art objective testing to help arrive at a more accurate diagnosis.

Whether your child is ultimately diagnosed with ADHD and/or some related condition, we provide support and recommendations to help you address your concerns. Again, we care about the whole child, not just the diagnosis.

If ADHD treatment is needed, we will explain our recommendations and provide the same careful attention to treatment that we do when making a diagnosis. When medication is recommended, we will work with you to find the right solution. You do not want your child to struggle with medication side effects, and at Attention-MD we don't want that either! Response to medication varies significantly from one person to another and our solution helps find the optimal dose of the right medication for your child.

Medication is usually an important part of treatment and often the first step. But Attention-MD is about more than medicine. We are growing our resources to help with ADHD challenges that medication alone may not improve.

Finally, Attention-MD provides careful follow-up to ensure that your child is making progress in reaching their goals. We will discuss a follow-up plan with you during your first visit.

Thank you for choosing Attention-MD NJ. We are committed to taking you and your family "from frustration to focus".

ATTENTION-MD NJ

Patient Name:		

Patient Information Sheet

First:	Middle:	Last Nai	ne:	
Nickname: (if applicable)		oate of Birth:		
Gender/Pronouns:				
Mailing Address				
City:			ode:	Patier
Parent Email Address:				
Patient (If over 18 years old) email_				
Employer/School:				
Parent Cell Phone:	Home Phor	ne:		
 I would like to receive Att 	ention-MD NJ news	sletters, update	s, and he	alth information. How o
you hear about Attention-M	D NJ? Friend/Relati	ive Doctor Re	ferral:	
Facebook	Internet Search	n/Google Interr	net Ad	
Parent/Spouse/Emergency Contact	Information			
Name of Parent/Spouse/Legal Guard	lian:		Cell #	#:
Relationship to patient:				
Is Mailing Address same as patient a	ddress? o Yes o No	If no, please pr	ovide add	dress below: Mailing
Address:	City:		Sta	ate: Zip:
Email:				
Mailing Address	(City:		State: Zip:
Insurance Information (This is only j	or reference—we	do not submit d	claims to i	insurance carriers.)
Insurance Carrier:				
Group #:		Policy Holder's	Name _	
Policy Holder's Date of Birth:				
Primary Care Physician Name		Ph	one	Address
C				
Name of Referring Medical Professi	onal Namo			Phone
Address				
Zip		City		State
<i>Preferred Pharmacy</i> Name	Phone	A	ddress	
	City			
	Patient (if o	ver 18) or Guar	antor Sigr	nature
Date				

PATIENT HISTORY

- - What are your main concerns regarding the patient? i.e. inattention, distractibility, hyperactivity, impulsivity, academic problems, oppositional behaviors, etc.

Help Us Get to Know You

Please have the PATIENT complete this questionnaire. We use this as a handwriting sample.
What do you do well?
What do you enjoy doing most?
Do you find it hard to sit still or do you feel restless during class sessions or in small groups?
Does caffeine affect your sleep?
Do you feel that you finish other people's statements, interrupt, or are impulsive when having to wait to offer comments or ask questions in a classroom/group environment?
Do you find it hard to stay focused when listening to lectures in a classroom setting or meeting?
Do you re-read paragraphs or pages because you didn't get them the first time?
Do your friends and family think you talk too much?
Are you always looking for your phone or keys, or frequently misplace things?
Is procrastination a problem for you?
Do you get frustrated and overwhelmed with schoolwork and job responsibilities?
Are you frequently late or have time management problems?

Are you a worrier?

Do you feel unhappy a lot?

Do you have trouble making or keeping friends?

REVIEV	V OF S	YSTEMS:	<u>Psychia</u>	atric	
Consti	tutiona	<u>al</u>	Yes	No	Frequent Anger
Yes	No	Decreased Appetite	Yes	No	Hypersexual Behavior
Yes	No	Decreased Appetite at Lunch	Yes	No	Irritable, Touchy
Yes	No	Excessively Sleepy	Yes	No	Low Self Esteem
Yes	No	Fatigue	Yes	No	Mood Issues Related to Menstruation
Yes	No	Problems Falling/Staying Asleep	Yes	No	Not Sleeping for over 24 Hours
Yes	No		Yes	No	Obsessive-Compulsive Behaviors
Yes	No	Weight Gain	Yes	No	Overly Confident or Grandiose
Yes	No	Weight Loss	Yes	No	Paranoid, hears/sees things others don't
Eyes			Yes	No	Racing Thoughts
Yes	No	Frequent Blinking/Squinting	Yes	No	Rigid, Inflexible
Yes	No	Itching/Rubbing Eyes	Yes	No	Sensory Issues- Hates Tags, Loud Noises,
Yes	No	Vision Problems			Problems with Food Textures
Ears/N	lose/T	<u>hroat</u>	Yes	No	Special Abilities
Yes	No	Hearing Loss	Yes	No	Thoughts of Self Harm, Suicide
Yes	No	Large Tonsils	Skin/H	air/Na	<u>ails</u>
Yes	No	Snoring	Yes	No	Acne
Respira	atory		Yes	No	Eczema
Yes	No	Cough at Night/Wakes Patient	Yes	No	Hair Loss
Yes	No	Frequent Cough	Yes	No	Sores or Rashes
Yes	No	Shortness of Breath	Yes	No	Twirls or Pull Hair/Picks at Skin, Nails
Yes	No	Tightness in Chest	<u>Neurol</u>	ogical	<u>[</u>
Yes	No	Trouble Breathing	Yes	No	Blank Staring Spells
Heart/	/Vascul	<u>ar</u>	Yes	No	Frequent Headaches
Yes	No	Chest Pain	Yes	No	Motor Tics – Blinking, Jerking
Yes	No	Heart Racing/Fast Heart Rate	Yes	No	Seizures
Yes	No	High Blood Pressure	Yes	No	Tremor
Yes	No	Palpitations	Yes	No	Verbal Tics – Sniffing, Throat Clearing, Vocalizing
Gastro	intesti	<u>nal</u>	Yes	No	Weakness
Yes	No	Blood in Stool	Endocr	<u>ine</u>	
Yes	No	Constipation	Yes	No	Diabetes
Yes	No	Diarrhea	Yes	No	Frequent Urination/Drinks Excessive Fluids
Yes	No	Frequent Abdominal Pain	Yes	No	Problems with Growth/Short Stature
Yes	No	GERD/Reflux/Frequent Heartburn	Yes	No	Thyroid Problems
Yes	No	Stool Leakage/Accidents	Heme/	'Lymp	<u>h</u>
Yes	No	Vomiting	Yes		Anemia
Muscu	ıloskel	<u>etal</u>	Yes		Easily Bruised
Yes	No	Clumsy	Allergi	c/Imm	<u>nunologic</u>
Yes	No	Joint Pain	Yes	No	Allergies
Yes	No	Limp or Gait Disturbance	Yes	No	Asthma
<u>Psychi</u>	<u>atric</u>		Yes	No	Food Allergy
Yes	No	Aggression		to/Uri	
Yes	No	Anxious, Worries	Yes	No	
Yes	No	Apathetic/Lazy	Yes	No	1
Yes	No	Attempts at Self Harm, Suicide	Yes	No	<i>,</i> ,
Yes	No	Cutting Behavior	Yes	No	3
Yes	No	Depressed, Sad	Yes	No	Urine Accident/Incontinence
Voc	No	Flat Effact/Zambia lika			

Yes No Flat Effect/Zombie-like

ATTENTION-MD NJ Patient Name:

ALLERGIES: Does the child have any drug allergies? ☐Yes ☐No
If so, please name and describe the reaction: The reaction is \Box Mild \Box
Moderate ☐ Severe
Does the child have any food allergies? ☐Yes ☐No
If so, please name and describe the reaction: The reaction is \Box Mile
☐ Moderate ☐ Severe
CURRENT ADHD MEDICATIONS: ADHD Medication Name:Dose:
mg #tabs/caps time taken: am pm
G
How effective is this medication? ☐ not effective ☐ somewhat effective ☐ effective ☐ very
effective I take this medication: \square Almost if not every day \square School/work days \square Less than 5
days a week This medication lasts: < 6 hours 6-8 hours 8-10 hours 10-12 hours
The duration of the action is: \square adequate \square not adequate
ADHD Medication Name:
Dose:mg #tabs/caps time taken: am pm
How effective is this medication? ☐ not effective ☐ somewhat effective ☐ effective ☐ very
effective I take this medication: \square Almost if not every day \square School/work days \square Less than 5
days a week This medication lasts: < 6 hours 6-8 hours 8-10 hours 10-12 hours
The duration of the action is: \square adequate \square not adequate
CURRENT OCD/ANXIETY/MOOD MEDICATIONS: Medication Name:
Dose:mg #tabs/caps time taken: am pm
How effective is this medication? □ not effective □ somewhat effective □ effective □ very
effective I take this medication: \square Almost if not every day \square School/work days \square Less than 5
days a week Side Effects (if any):
<u> </u>
OTHER CURRENT MEDICATIONS:
OTHER CORRENT WEDICATIONS.
PAST ADHD MEDICATIONS IN LAST 2 YEARS:
Madisakian Nama
Medication Name:
Side Effects (if any): How effective was this medication?
not effective \square somewhat effective \square effective \square very effective
Medication Name: Dose:mgSide Effects (if
any): How effective was this medication? \square not effective \square
somewhat effective \square effective \square very effective

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FAMILY HISTORY: Please indicate with and X if any of your immediate family members have experienced any of the following conditions. Initial if none: ______

	Mother	Father	Sibling 1	Sibling 2	Grandparent	Aunt/Uncle
ADHD						
Learning Disorder						
Anxiety						
Panic Disorder						
OCD						
Mood Disorder						
Bipolar Disorder						
Depression						
Schizophrenia						
Tics/Tourette's						
Headache/Migranes						
Autism/Asperger's						
Seizure Disorder						
Addiction/Substance Abuse						
Heart Disease Under Age 40						
High Blood Pressure						
Stroke						
Diabetes						
Cancer						
Asthma						

Aae	Career/Grade	Employer/School
AUE	Cureer/Grade	EIIIDIOVEI/SCIIDOI

Parent 1

Parent 2

Sibling 1 M/F/U

Sibling 2 M/F/U

Sibling 3 M/F/U

Patient Name:			

MEDICAL HISTORY: Newborn History

WEDICAL HISTORY. NEWBOTH HISTORY
 Were there any pregnancy complications? Yes No ☐ Preterm Labor ☐ Meds During Pregnancy ☐ Drug/Alcohol use During Pregnancy ☐ Other Exposure During Pregnancy ☐ Infection During Pregnancy ☐ Hypertension ☐ Diabetes
Fertility Assistance Yes/No
 Length of pregnancy? Term Premature Overdue Induced # Weeks: Birth Hospital Birth Weight Type of delivery: □ C-Section □ Vaginal □ Vacuum Assisted □ Forceps Assisted □ Meconium
 Were there any delivery complications? ☐ Yes ☐ No ☐ Difficult Delivery
□ Nuchal Cord □ Hemorrhage
• Were there any problems after delivery? ☐ Yes ☐ No ☐ Jaundice ☐ Breathing Problems ☐
Bleeding in Brain ☐ Bowel Problems ☐ Sepsis/Infection <i>Infant History</i>
$\underline{\textit{Temperament}}$ \Box Happy \Box Fussy \Box Active \Box Quiet \Box Colic \Box Social with People \Box Anxious around people
<u>Nutrition</u> ☐ Breast Milk ☐ Regular Formula ☐ Special Formula (Brand)
<u>Sleep</u> $□$ Good sleeper $□$ Sleep difficulty $□$ Easy to Soothe $□$ Hard to Soothe
Toddler History Please mark all that apply: □ Typical interests □ Special interests □ □
Trease mark all triat appry. — Typical interests — special interests ————
Quiet \square Separation difficulty \square Active \square Very Active \square Explosive tantrums. \square Scary Active
Preschool History ☐ Cooperative with Teachers/Children. ☐ Difficult with Teachers/Children ☐ Good with letters/numbers/colors/rhymes ☐ Trouble with letters/numbers/colors/rhymes Developmental History:
Please mark when the child achieved the following milestones (E = early, A = average, or L = late)
when compared to others his/her age (explain if late):
 Speech/Language (single words, sentences) Fine Motor Skills (stacking blocks, thumb-finger grasp, drawing circle) Gross Motor Skills (rolling over, standing, walking) Toilet Training Has there been any regression?

Sleep History:

•	Does the child have a history of sleeping problems? (since infant/toddler years) Yes No
	\square Trouble Falling Asleep \square Trouble Staying Asleep \square Sleep Walking \square
	Talking in Sleep ☐ Frequent Nightmares ☐ Frequent Night Terrors ☐ Vivid Dreams
•	Has the child gone longer than 24 hours without sleep? ☐ Yes ☐ No
	en has this occurred? the maximum number of days the child has gone without sleep?
•	Does the child sleep after school? No Yes, Daily Yes, Occasionally How long does he/she sleep?
•	Does the child seem tired during the day? \square Yes \square No Does the child fall asleep during the day? \square Yes \square No
	boes the child fall asleep during the day: Tes No
Behavioral/Me	ntal Health History:
•	Has the child ever been formally diagnosed with ADHD? If yes, when was he/she diagnosed and by whom?
•	Do you have documentation of the diagnosis? \square Yes \square No
•	Is he/she currently under a provider's care for ADHD? \square Yes \square No Why are you changing ADHD providers?
•	Has the child ever received IQ or Academic Testing? ☐ Yes ☐ No
•	Diagnosed with Dyslexia Learning Disability Other Diagnosis
•	Has the child ever participated in counseling, behavioral modification, or therapy? \square Yes \square No
If so, please expl	ain:
•	Has the child every experienced any of the following conditions or symptoms?
•	Depression (sad, irritable, hopeless, tearful, lack of interest, social withdrawal) \square Yes \square No
•	Anxiety (worry, fearful, obsessive thoughts, frequent headaches/stomach aches) \square Yes \square No

If so,

Is the patient your biological child? ☐ Yes ☐ No

- If adopted, when was he/she adopted (what age)?
- Has the child ever been the victim of abuse or neglect? ☐ Yes ☐ No
- Parent Marital Status: ☐ Single ☐ Married ☐ Divorced ☐ Separated
 ☐ Widowed ☐ Never married
- The patient lives with: ☐ Parents ☐ Mom ☐ Dad ☐Mom/Step-dad ☐ Dad/Step-mom
 - ☐ Grandparent ☐ Other relative ☐ Non-relative

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If child does not live with both parents, how parent? ☐ Frequently/equally ☐ At least weekly ☐ week ☐ Monthly ☐ Less than monthl • Does the child have a consistent nighttime routin Watches TV/uses electronics before bedtime	Rarely □ No relationship □ Every other
Usual bed time: Usual wake	time:
 Does the child have any dietary restrictions? Yes, ☐ Regular diet ☐ Vegetarian ☐ Other	• How would you live □ Active □ Somewhat active □ Not drink each day? □ None □ <1 Grade od □ Fair □ Poor □ Failing/Danger of writing □ Problems with math □ No lerate Problem □ Significant Problem
Does the child receive any school-based accomm	odations? Yes No Needed, but reluctant to use
-	☐ IEP ☐ Reduced work volume intervention ☐ Extended time on testing
• ☐ Informal accommodations ☐ Testing in a quie	environment Other:
Does the child have any hobbies or activities they enjoy?	Yes No
 □ Sports/athletics □ Hunting/Fishing/Outdoors per day □ Drama □ Social Media Hours per day □ Art/Creative writing □ Electronic/Social Med 	day □ Martial arts □ TV/ Media Hours per

• Describe the child's after school routine: ☐ Tutoring/Educational Intervention ☐ After school care ☐ Unstructured ☐ Car Rider ☐ Sports/Physical Activity ☐ Rides Bus ☐ Homework is

done after school

Homework is delayed until evening

ATTENTION-MD NJ

ATTI	ENTION- <i>MD</i> NJ	Patient Name:						
•	How is the child's behavior at	home?						
•		ork problems ☐ Problems with time management oblems with task completion ☐ Disrespectful behavior • ☐						
	Meltdowns	of a problem ☐ Moderate problem ☐ Significant problem						
•	How are the child's relationsh	ps with family members?						
•	☐ Step-parent/child conflict parent	than usual conflict with siblings Parent/child conflict						
•	☐ Significant problem							
•	How are the child's relationships with peers?							
		☐ Limited Friendships ☐ Doesn't identify friends It ☐ Problems making/keeping friends ☐ Somewhat of a Ignificant problem						
•	Have there been any bullying	issues? ☐ No Problems ☐ Child is teased/picked on ☐ Child						
	bullies others □ Bullying is on	going □ Bullying is being addressed □ Somewhat of a problem □						
	Moderate problem ☐ Signific	ant problem						
Have th	nere been any major stressors for the second for th	or the patient in the past year? Absent parent Serious illness in the family						
•	☐ School performance☐ Sibling relationships☐ Financial stressors☐ Substance abuse in home	☐ Death in the family ☐ Natural disaster ☐ Loss of housing ☐ Other						
•	How many caffeinated bevera 3+perday	ges do you consume a day? ☐ None ☐ <1perday ☐ 1-3perday ☐						
Do you	work? ☐ Yes ☐ No ☐ Full Time	e □ Part Time. Type of work:						
•	Do you use alcohol? ☐ Yes ☐ addiction	No □ Infrequent □ Frequent □ Abuse □ Concern for						

• Do you use chewing tobacco/smoke? ☐ Yes ☐ No

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□ Other charges

• ☐ On probation

☐ Infrequent ☐ Frequent ☐ Concern for addiction Do you use marijuana? ☐ Yes ☐ No ☐ Infrequent ☐ Frequent ☐ Abuse ☐ Concern for addiction Have you used other drugs? ☐ Yes ☐ No What is your driving history? • ☐ No moving traffic violations □ No accidents • □2 or less moving traffic violations ☐ 2 or less accidents . 🗆 3 or more moving traffic ☐ 3 or more accidents violations License suspended/revoked Do you have any legal issues? • ☐ Minor w/possession of alcohol ☐ Possession of drugs □ Vandalism ☐ Truancy • ☐ Stealing/shoplifting ☐ Fighting/Assault

☐ Prior incarceration

☐ Off probation

Patient Name:

Pat	HΔ	nt	N	2	m	۵	•
rai	пe	ΠL	IN	d	Ш	е	

	y's Date: Child's Name:				
aren	t's Name: Parent's	Phone N	umber:		
	When completing this form, please think about your child's b	ehaviors	in the past <u>6 m</u>	onths.	
	s evaluation based on a time when the child	200 P. T. (118			
_	Does not pay attention to details or makes careless mistakes	Never 0	Occasionally 1	Often 2	Very Ofte
2	with, for example, homework	0		2	2
	Has difficulty keeping attention to what needs to be done	0	1	2	3
3. 4.	Does not seem to listen when spoken to directly Does not follow through when given directions and fails to finish activities (not due to refusal or failure to understand)	0	1	2	3
5.	Has difficulty organizing tasks and activities	0	1	2	3
	Avoids, dislikes, or does not want to start tasks that require ongoing mental effort	0	i	2	3
7.	Loses things necessary for tasks or activities (toys, assignments, pencils, or books)	0	1	2	3
8.	Is easily distracted by noises or other stimuli	0	1	2	3
	Is forgetful in daily activities	0	1	2	3
	Fidgets with hands or feet or squirms in seat	0 -	1	2	3
11.	Leaves seat when remaining seated is expected	0	1	2	3
	Runs about or climbs too much when remaining seated is expected	0	1	2	3
13.	Has difficulty playing or beginning quiet play activities	0	1	2	3
14.	Is "on the go" or often acts as if "driven by a motor"	0	1	2	3
15.	Talks too much	0	1	2	3
16.	Blurts out answers before questions have been completed	0	1	2	3
17.	Has difficulty waiting his or her turn	0	1	2	3
18.	Interrupts or intrudes in on others' conversations and/or activities	0	1	2	3
19.	Argues with adults	0	1	2	3
20.	Loses temper	0	1	2	3
21.	Actively defies or refuses to go along with adults' requests or rules	0	1	2	3
22.	Deliberately annoys people	0	1	2	3
23.	Blames others for his or her mistakes or misbehaviors	0	1	2	3
24.	Is touchy or easily annoyed by others	0	1	2	3
	Is angry or resentful	0	1	2	3
26.	Is spiteful and wants to get even	0	1	2	3
	Bullies, threatens, or intimidates others	0	1	2	3
	Starts physical fights	0	1	2	3
29.	Lies to get out of trouble or to avoid obligations (ie, "cons" others)	0	1	2	3
30.	Is truant from school (skips school) without permission	0	1	2	3
31.	Is physically cruel to people	0	1	2	3
22	Has stolen things that have value	0	1	2	3

The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances.

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Adapted from the Vanderbilt Rating Scales developed by Mark L. Wolraich, MD.

American Academy of Pediatrics



National Initiative for Children's Healthcare Qual



DEDICATED TO THE HEALTH OF ALL CHILDREN*

Foday's Date: Child's Name:	Date of Birth: Parent's Phone Number:				
Parent's Name: Paren					
Symptoms (continued)	Never	Occasionally	Often	Very Ofter	
33. Deliberately destroys others' property	0	1	2	3	
34. Has used a weapon that can cause serious harm (bat, knife, brick, gun)	0	1	2	3	
35. Is physically cruel to animals	0	1	2	3	
36. Has deliberately set fires to cause damage	0	1	2	3	
37. Has broken into someone else's home, business, or car	0	1	2	3	
38. Has stayed out at night without permission	0	1	2	3	
39. Has run away from home overnight	0	1	2	3	

NICHQ Vanderbilt Assessment Scale—PARENT Informant, continued

10 0 11 1 1 6		2		274	-
Performance E	excellent	Above Average	Average	Somewhat of a Problem	
47. Is self-conscious or easily embarrassed		0	1	2	3
46. Is sad, unhappy, or depressed		0	1	2	3
45. Feels lonely, unwanted, or unloved; complains that "no one lo	ves him or l	her" 0	1	2	3
44. Blames self for problems, feels guilty		0	1	2	3
43. Feels worthless or inferior		0	1	2	3
42. Is afraid to try new things for fear of making mistakes		0	1	2	3
41. Is fearful, anxious, or worried		0	1	2	3
40. Has forced someone into sexual activity		0	1	2	3
55. This run uway from nome overnight		0		-	~

Performance	Excellent	Average	Average	Problem	Problematic
48. Overall school performance	1	2	3	4	5
49. Reading	1	2	3	4	5
50. Writing	1	2	3	4	5
51. Mathematics	1	2	3	4	5
52. Relationship with parents	1	2	3	4	5
53. Relationship with siblings	1	2	3	4	5
54. Relationship with peers	1	2	3	4	5
55. Participation in organized activities (eg. teams)	1	2	3	4	5

Comments:

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For Patient's age 14 and older

Adult ADHD Self-Report Scale (ASRS-v1.1) Symptom Checklist

Patient Name Today	s Date				
Please answer the questions below, rating yourself on each of the criteria shown using the scale on the right side of the page. As you answer each question, place an X in the box that best describes how you have felt and conducted yourself over the past 6 months. Please give this completed checklist to your healthcare professional to discuss during today's appointment.	Never	Rarely	Sometimes	Often	Very Often
1. How often do you have trouble wrapping up the final details of a project, once the challenging parts have been done?				NAS I	
How often do you have difficulty getting things in order when you have to do a task that requires organization?			Fred.		
3. How often do you have problems remembering appointments or obligations?					
4. When you have a task that requires a lot of thought, how often do you avoid or delay getting started?			23,911		
5. How often do you fidget or squirm with your hands or feet when you have to sit down for a long time?					
6. How often do you feel overly active and compelled to do things, like you were driven by a motor?					
				F	art A
7. How often do you make careless mistakes when you have to work on a boring or difficult project?					
8. How often do you have difficulty keeping your attention when you are doing boring or repetitive work?					
9. How often do you have difficulty concentrating on what people say to you, even when they are speaking to you directly?					
0. How often do you misplace or have difficulty finding things at home or at work?					
I. How often are you distracted by activity or noise around you?					
2. How often do you leave your seat in meetings or other situations in which you are expected to remain seated?					
3. How often do you feel restless or fidgety?					
How often do you have difficulty unwinding and relaxing when you have time to yourself?					
5. How often do you find yourself talking too much when you are in social situations?					
6. When you're in a conversation, how often do you find yourself finishing the sentences of the people you are talking to, before they can finish them themselves?			7678		
7. How often do you have difficulty waiting your turn in situations when turn taking is required?					
8. How often do you interrupt others when they are busy?					
					Part E

BRIGHT FUTURES 1 TOOL FOR PROFESSIONALS

Pediatric Symptom Checklist—Youth Report (Y-PSC)

Please mark under the heading that best fits	you.	Never	Sometimes	Often
1. Complain of aches or pains	1	, ,,,,,,,	Sometimes	o.com
Spend more time alone	2			
3. Tire easily, little energy	3			
4. Fidgety, unable to sit still	4			
5. Have trouble with teacher	5			
6. Less interested in school	6			Syrie and Sir
7. Act as if driven by motor	7			
8. Daydream too much	8			
9. Distract easily	9			
10. Are afraid of new situations	10			
11. Feel sad, unhappy	11			
12. Are irritable, angry	12			
13. Feel hopeless	13			
14. Have trouble concentrating	14			
15. Less interested in friends	15			
16. Fight with other children	16			
17. Absent from school	17			
18. School grades dropping	18			
19. Down on yourself	19			
20. Visit doctor with doctor finding nothing wro	ong 20			ANTO POTENCE
21. Have trouble sleeping	21			
22. Worry a lot	22			
23. Want to be with parent more than before	23			
24. Feel that you are bad	24			
25. Take unnecessary risks	25			
26. Get hurt frequently	26			
27. Seem to be having less fun	27			-
28. Act younger than children your age	28			
29. Do not listen to rules	29			
30. Do not show feelings	30			
31. Do not understand other people's feelings	31			
32. Tease others	32			
33. Blame others for your troubles	33			
34. Take things that do not belong to you	34			Sy to the same
35. Refuse to share	35			

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Teacl	her's Name: Class Time:		Class Name/F	eriod:	
	y's Date: Child's Name:				
	ctions: Each rating should be considered in the context of what is ap and should reflect that child's behavior since the beginning weeks or months you have been able to evaluate the behavi is evaluation based on a time when the child	of the sci ors:	nool year. Please	indicate t	the number of
Sy	mptoms	Never	Occasionally	Often	Very Often
1.	Fails to give attention to details or makes careless mistakes in schoolwork	0	1	2	3
	Has difficulty sustaining attention to tasks or activities	0	1	2	3
3.	Does not seem to listen when spoken to directly	0	1	2	3
4.	Does not follow through on instructions and fails to finish schoolwork (not due to oppositional behavior or failure to understand)	0	1	2	3
5.	Has difficulty organizing tasks and activities	0	1	2	3
6.	Avoids, dislikes, or is reluctant to engage in tasks that require sustained mental effort	0	1	2	3
7.	Loses things necessary for tasks or activities (school assignments, pencils, or books)	0	1	2	3
8.	Is easily distracted by extraneous stimuli	0	1	2	3
9.	Is forgetful in daily activities	0	1	2	3
10	. Fidgets with hands or feet or squirms in seat	0	1	2	3
11.	. Leaves seat in classroom or in other situations in which remaining seated is expected	0	1	2	3
12	. Runs about or climbs excessively in situations in which remaining seated is expected	0	1	2	3
13	. Has difficulty playing or engaging in leisure activities quietly	0	1	2	3
14	. Is "on the go" or often acts as if "driven by a motor"	0	1	2	3
15	. Talks excessively	0	1	2	3
16	. Blurts out answers before questions have been completed	0	1	2	3
17	. Has difficulty waiting in line	0	1	2	3
18	. Interrupts or intrudes on others (eg, butts into conversations/games)	0	1	2	3
19	. Loses temper	0	1	2	3
20	. Actively defies or refuses to comply with adult's requests or rules	0	1	2	3
21	. Is angry or resentful	0	1	2	3
22	. Is spiteful and vindictive	0	1	2	3
23	. Bullies, threatens, or intimidates others	0	1	2	3
24	. Initiates physical fights	0	1	2	3
25	. Lies to obtain goods for favors or to avoid obligations (eg, "cons" others)	0	1	2	3
26	. Is physically cruel to people	0	1	2	3
27	. Has stolen items of nontrivial value	0	1	2	3
28	. Deliberately destroys others' property	0	1	2	3
29	. Is fearful, anxious, or worried	0	1	2	3
30	. Is self-conscious or easily embarrassed	0	1	2	3
	. Is afraid to try new things for fear of making mistakes	0	1	2	3

The recommendations in this publication do not indicate an exclusive course of treatment or serve as a standard of medical care. Variations, taking into account individual circumstances, may be appropriate.

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Adapted from the Vanderbilt Rating Scales developed by Mark L. Wolraich, MD.

Revised - 0303

American Academy of Pediatrics



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eacher's Name:	Class Time:		Class Name/	Period:	
Today's Date: Child's Na	me:	Grade	Level:		
Symptoms (continued)		Never	Occasionally	Often	Very Often
32. Feels worthless or inferior		0	1	2	3
33. Blames self for problems; feels gu	ilty	0	1	2	3
34. Feels lonely, unwanted, or unloved	d; complains that "no one loves him or l	ner" 0	1	2	3
35. Is sad, unhappy, or depressed		0	1	2	3
Performance Academic Performance	Excellent	Above Average	Average	Somewhat of a Problem	t Problematic
36. Reading	1	2	3	4	5
37. Mathematics	1	2	3	4	5
38. Written expression	1	2	3	4	5
Classroom Behavioral Performance	Excellent	Above Average	Average	Somewhat of a Problem	t Problematic
39. Relationship with peers	1	2	3	4	5
40. Following directions	1	2	3	4	5
41. Disrupting class	1	2	3	4	5
42. Assignment completion	1	2	3	4	5
43. Organizational skills	1	2	3	4	5

Please return this form to:		
Mailing address:		
Fax number:		
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For Office Use Only Total number of questions scored 2 or 3 in questions 1–9: Total number of questions scored 2 or 3 in questions 10–18: Total Symptom Score for questions 1–18: Total number of questions scored 2 or 3 in questions 19–28: Total number of questions scored 2 or 3 in questions 29–35: Total number of questions scored 4 or 5 in questions 36–43: Average Performance Score:

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Screen for Child Anxiety Related Disorders (SCARED) CHILD Version—Page 1 of 2 (to be filled out by the CHILD)

Developed by Boris Birmaher, M.D., Sunceta Khetarpal, M.D., Marlane Cully, M.Ed., David Brent, M.D., and Sandra McKenzie, Ph.D., Western Psychiatric Institute and Clinic, University of Pittsburgh (October, 1995). E-mail: birmaherb@upme.edu

See: Birmaher, B., Brent, D. A., Chiappetta, L., Bridge, J., Monga, S., & Baugher, M. (1999). Psychometric properties of the Screen for Child Anxiety Related Emotional Disorders (SCARED): a replication study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 38(10), 1230–6.

Name:	Date:	
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Directions:

Below is a list of sentences that describe how people feel. Read each phrase and decide if it is "Not True or Hardly Ever True" or "Somewhat True or Sometimes True" or "Very True or Often True" for you. Then, for each sentence, fill in one circle that corresponds to the response that seems to describe you for the last 3 months.

	Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True	
1. When I feel frightened, it is hard to breathe	0	0	0	PN
2. I get headaches when I am at school.	0	0	0	SH
 I don't like to be with people I don't know well. 	0	0	0	sc
4. I get scared if I sleep away from home.	0	0	0	SP
5. I worry about other people liking me.	0	0	0	GD
6. When I get frightened, I feel like passing out.	0	0	0	PN
7. I am nervous.	0	0	0	GD
8. I follow my mother or father wherever they go.	0	0	0	SP
People tell me that I look nervous.	0	0	0	PN
10. I feel nervous with people I don't know well.	0	0	0	sc
11. I get stomachaches at school.	0	0	0	SH
12. When I get frightened, I feel like I am going crazy.	0	0	0	PN
13. I worry about sleeping alone.	0	0	0	SP
14. I worry about being as good as other kids.	0	0	0	GD
When I get frightened, I feel like things are not real.	0	0	0	PN
I have nightmares about something bad happening to my parents.	0	0	0	SP
17. I worry about going to school.	0	0	0	SH
18. When I get frightened, my heart beats fast.	0	0	0	PN
19. I get shaky.	0	0	0	PN
20. I have nightmares about something bad happening to me.	0	0	0	SP

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Screen for Child Anxiety Related Disorders (SCARED) CHILD Version—Page 2 of 2 (to be filled out by the CHILD)

	0 Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True	
21. I worry about things working out for me.	0	0	0	GD
22. When I get frightened, I sweat a lot.	0	0	0	PN
23. I am a worrier.	0	0	0	GD
24. I get really frightened for no reason at all.	0	0	0	PN
25. I am afraid to be alone in the house.	0	0	0	SP
26. It is hard for me to talk with people I don't know well.	0	0	0	sc
27. When I get frightened, I feel like I am choking.	0	0	0	PN
28. People tell me that I worry too much.	0	0	0	GD
29. I don't like to be away from my family.	0	0	0	SP
30. I am afraid of having anxiety (or panic) attacks.	0	0	0	PN
31. I worry that something bad might happen to my parents.	0	0	0	SP
32. I feel shy with people I don't know well.	0	0	0	sc
33. I worry about what is going to happen in the future.	0	0	0	GD
34. When I get frightened, I feel like throwing up.	0	0	0	PN
35. I worry about how well I do things.	0	0	0	GD
36. I am scared to go to school.	0	0	0	SH
37. I worry about things that have already happened.	0	0	0	GD
38. When I get frightened, I feel dizzy.	0	0	0	PN
39. I feel nervous when I am with other children or adults and I have to do something while they watch me (for example: read aloud, speak, play a game, play a sport).	0	0	0	sc
40. I feel nervous when I am going to parties, dances, or any place where there will be people that I don't know well.	0	0	0	sc
41. I am shy.	0	0	0	sc

SCORING:
A total score of ≥ 25 may indicate the presence of an Anxiety Disorder. Scores higher than 30 are more specific. TOTAL =
A score of 7 for items 1, 6, 9, 12, 15, 18, 19, 22, 24, 27, 30, 34, 38 may indicate Panic Disorder or Significant Somatic Symptoms. PN =
A score of 9 for items 5, 7, 14, 21, 23, 28, 33, 35, 37 may indicate Generalized Anxiety Disorder. GD =
A score of 5 for items 4, 8, 13, 16, 20, 25, 29, 31 may indicate Separation Anxiety SOC. SP =
A score of 8 for items 3, 10, 26, 32, 39, 40, 41 may indicate Social Anxiety Disorder. SC =
A score of 3 for items 2, 11, 17, 36 may indicate Significant School Avoidance. SH =

For children ages 8 to 11, it is recommended that the clinician explain all questions, or have the child answer the questionnaire sitting with an adult in case they have any questions.

The SCARED is available at no cost at www.wpic.pitt.edu/research under tools and assessments, or at www.pediatric bipolar.pitt.edu/under instruments.

March 27, 2012

Screen for Child Anxiety Related Disorders (SCARED) PARENT Version—Page 1 of 2 (to be filled out by the PARENT)

Developed by Boris Birmaher, M.D., Sunecia Khetarpal, M.D., Marlane Cully, M.Ed., David Brent, M.D., and Sandra McKenzie, Ph.D., Western Psychiatric Institute and Clinic, University of Pittsburgh (October, 1995). E-mail: birmaherb@upmc.edu

See: Birmaher, B., Brent, D. A., Chiappetta, L., Bridge, J., Monga, S., & Baugher, M. (1999). Psychometric properties of the Screen for Child Anxiety Related Emotional Disorders (SCARED): a replication study. *Journal of the American Academy of Child and Adolescent Psychiatry*, 38(10), 1230–6.

Name:	Date:	
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Directions:

Below is a list of sentences that describe how people feel. Read each phrase and decide if it is "Not True or Hardly Ever True" or "Somewhat True or Sometimes True" or "Very True or Often True" for your child. Then, for each statement, fill in one circle that corresponds to the response that seems to describe your child for the last 3 months. Please respond to all statements as well as you can, even if some do not seem to concern your child.

	0 Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True	
1. When my child feels frightened, it is hard for him/her to breathe	0	0	0	PN
2. My child gets headaches when he/she am at school.	0	0	0	SH
3. My child doesn't like to be with people he/she does't know well.	0	О	0	sc
4. My child gets scared if he/she sleeps away from home.	0	0	0	SP
5. My child worries about other people liking him/her.	0	0	0	GD
6. When my child gets frightened, he/she fells like passing out.	0	0	0	PN
7. My child is nervous.	0	0	0	GD
8. My child follows me wherever I go.	0	0	0	SP
9. People tell me that my child looks nervous.	0	0	0	PN
10. My child feels nervous with people he/she doesn't know well.	0	0	0	sc
11. My child gets stomachaches at school.	0	0	0	SH
12. When my child gets frightened, he/she feels like he/she is going crazy.	0	0	0	PN
13. My child worries about sleeping alone.	0	0	0	SP
14. My child worries about being as good as other kids.	0	0	0	GD
15. When my child gets frightened, he/she feels like things are not real.	0	0	0	PN
16. My child has nightmares about something bad happening to his/her parents.	0	0	0	SP
17. My child worries about going to school.	0	0	0	зн
18. When my child gets frightened, his/her heart beats fast.	0	0	0	PN
19. He/she child gets shaky.	0	0	0	PN
20. My child has nightmares about something bad happening to him/her.	0	0	0	SP

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Screen for Child Anxiety Related Disorders (SCARED)

PARENT Version—Page 2 of 2 (to be filled out by the PARENT)

	0 Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True	
21. My child worries about things working out for him/her.	0	0	0	GD
22. When my child gets frightened, he/she sweats a lot.	0	0	0	PN
23. My child is a worrier.	0	0	0	GD
24. My child gets really frightened for no reason at all.	0	0	0	PN
25. My child is afraid to be alone in the house.	0	0	0	SP
26. It is hard for my child to talk with people he/she doesn't know well.	0	0	0	sc
27. When my child gets frightened, he/she feels like he/she is choking.	0	0	0	PN
28. People tell me that my child worries too much.	0	0	0	GD
29. My child doesn't like to be away from his/her family.	0	0	0	SP
30. My child is afraid of having anxiety (or panic) attacks.	0	0	0	PN
31. My child worries that something bad might happen to his/her parents.	0	0	0	SP
32. My child feels shy with people he/she doesn't know well.	0	0	0	sc
33. My child worries about what is going to happen in the future.	0	0	0	GD
34. When my child gets frightened, he/she feels like throwing up.	0	0	0	PN
35. My child worries about how well he/she does things.	0	0	0	GD
36. My child is scared to go to school.	0	0	0	SH
37. My child worries about things that have already happened.	0	0	0	GD
38. When my child gets frightened, he/she feels dizzy.	0	0	0	PN
39. My child feels nervous when he/she is with other children or adults and he/she has to do something while they watch him/her (for example; read aloud, speak, play a game, play a sport).	0	0	0	sc
40. My child feels nervous when he/she is going to parties, dances, or any place where there will be people that he/she doesn't know well.	0	0	0	sc
41. My child is shy.	0	0	0	sc

SCORING:	
A total score	e of ≥ 25 may indicate the presence of an Anxiety Disorder. Scores higher than 30 are more specific. TOTAL =
A score of 7 Symptoms.	for items 1, 6, 9, 12, 15, 18, 19, 22, 24, 27, 30, 34, 38 may indicate Panic Disorder or Significant Somatic PN =
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A score of 8	for items 3, 10, 26, 32, 39, 40, 41 may indicate Social Anxiety Disorder. SC =
A score of 3	for items 2, 11, 17, 36 may indicate Significant School Avoidance. SH =

The SCARED is available at no cost at www.wpic.pitt.edu/research under tools and assessments, or at www.pediatric bipolar.pitt.edu under instruments.

March 27, 2012

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION MAY BE USED AND DISCLOSED AND HOW THIS INFORMATION MAY BE ACCESSED

How we may use and disclose health care information about your child:

For Care or Treatment: Your child's PHI may be used and disclosed to those who are involved in their care for the purpose of providing, coordinating, or managing medical services. **Example:** If another physician referred your child to us, we may contact that physician to discuss your child's care.

As Required by Law: Under the law, we must make disclosures of your child's PHI available to you upon your request. In addition, we must make disclosures to the Secretary of the Department of Health and Human Services for the purpose of investigating or determining our compliance with the requirements of the Privacy Rule, if so required.

Complaints: If you believe we have violated your privacy rights, you have the right to file a complaint in writing with our Privacy Officer at *Attention-MD NJ*, you may contact your office. Attention-MD NJ at 766 Shrewsbury Avenue Suite 400 Tinton Falls, NJ 07724

I acknowledge by signing below that I have received the Notice of Privacy Practices and Notice of

Individ	ual Rights.
	Patient (if over 18) or Representative Date
Please	check the following if applicable:
You	may call my cell phone and leave a message on my answering machine if I am not available.
	may discuss by electronic communication or phone, my child's symptoms (if pediatric patient), sis and treatment with teachers and school representatives.
	isent to disclosure of the following protected health information about me to the following family er(s) or person(s) involved in my child's care or payment for my child's care.
Name:	Relationship:
Name:	Relationship:
Check	all that apply to names above:
•	 All my/my child's medical information Specific medical information such as test results, prescriptions Information necessary to help my family member(s) take care of my child.
	Patient/Guardian Signature Date

Patient Name:		
Patient Name:		

AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION

I hereby authorize:		(practitioner) to rele	(practitioner) to release/disclose my child's		
health information as describe			,		
Practitioner's Name:					
Address:			(Zip)		
Office Phone:	Office Fax:				
Please identify the informationTesting ResultsMed		lease Release ALL Records _	Office Notes		
Please initial below to indicat	e your understanding:				
I understand I have a rig authorization, I must do so in		•			
the revocation will not apply authorization. I understand	the revocation will no	t apply to my insurance c	•		
law provides my insurer wit	n the right to contest a	a claim under my policy.			

Attention-MD NJ Financial Policy

This financial policy contains important information about payment for our professional services. Payment for professional services may be made by cash, check, or credit/debit card. *It is intended to help us provide your child with the highest level of medical care and help control administrative costs for services provided.* Attention-MD New Jersey is a fee-for-service provider. Payment for provided services is expected at the time of service.

At the time of service, the practice will provide an itemized receipt of payment for medical and testing services performed which can be submitted to your insurance company for reimbursement.

Attention-MD NJ will continue to work with insurance companies to help our patient's maximize pharmacy and laboratory benefits, to the best of our ability. We cannot guarantee insurance coverage for all recommended treatments, medications, or laboratory tests.

Our services may or may not be covered by your policy. It is **your** responsibility to contact your carrier to determine if our services are covered under your contract **prior** to the date of service Patients 18 years old and above, who are covered under the insurance policy of the parent or guardian, must designate whether responsibility for payment will fall upon the parent/ guardian or themselves.

The fees at Attention-MD New Jersey are as follows:

<u>New Intakes with Doctor: \$475:</u> Evaluation includes in-person comprehensive medical and psychosocial history and clinical interview; review of submitted medical information and behavioral symptom forms; and objective neuropsychological testing (QbTest) with interpretation; and treatment recommendations. E/M codes: 99204, 96132. 96138,

<u>Follow-up Visits with Doctor: \$135.00</u> Evaluation includes in-person review of interval medical and psychosocial history and clinical interview, with adjustment of treatment as necessary. E/M codes: 99214, 96127

Follow-up Visits with objective neuropsychological testing (QbTest): \$250.00 Evaluation includes in-person review of interval medical and psychosocial history and clinical interview, with adjustment of treatment as necessary; and QbTest with interpretation. E/M codes: 99214, 96132, 96138, 96127

<u>Telehealth encounter---\$90.00</u> Limited to out-of-area college attending patients and patients experiencing a practice-recognized emergency or illness. Evaluation includes a video/audio review of interval medical and psychosocial history and clinical interview with adjustment of treatment as necessary. E/M codes: 99442, 96127.

Non-Medical Services -THESE CANNOT BE SUBMITTED TO INSURANCE

Late Cancellation/No Show Extended	Returned Check \$35
Appointment \$150	
No Show Follow-up Appointments \$50	Form Completion Fee (Not at Time of Service) \$10
	per Issue
Accommodation Requests (Extensive) \$50	Medical Records Copies \$10
	Administrative fee plus \$1 per page for pages
	1-25 /\$0.50 per page for pages 26 and over

	1 23/30:30 per page for pages 20 and over			
have read and understand the financial policy as stated.				
Gua	rantor Print Name (Parent/Guardian/Patient)			
Patient (if over 18) or Guarantor Signature	Date		

LATE RESCHEDULING/CANCELLATION/NO SHOW POLICY

Our provider's time is reserved for you. We do not double book our patients in order to provide adequate time for each individual appointment. We strive for exceptional care through individual attention. Any appointment rescheduled or cancelled less 24 hours before the appointment day is considered a Late Rescheduling/Cancellation/No Show.

A Late Rescheduling/Cancellation/No Show on a new or extended patient appointment will result in a \$150 fee that is not covered by insurance.

A Late Rescheduling/Cancellation/No Show on an established patient appointment will result in a fee of \$50 that is not covered by insurance. Repeated Late Rescheduling/Cancellation/No Show appointments will result in unconditional discharge from care at this facility.

I, understand the Attention-MD NJ Late I	, (patient/parent/legal guard Rescheduling/Cancellation/No S	, ,	
	Signature Patient/Guarantor	Date	

Patient Name:		

Attention-MD NJ Credit/Debit Card Policy

We welcome you to our practice. We look forward to helping your child and you understand and manage the attention, learning and associated conditions that your child faces.

To reduce administrative costs, we will ask you for a credit/debit or health savings card which will securely be held on file and be used to patient balances, charges for evaluations and testing, and non-covered services and fees, which are not paid for in another manner at the time of service. The Card will be used to process professional services, as well as administrative fees under the following circumstances. Any questions regarding our billing procedure can be addressed with our Practice Manager.

- 1. 1) All services, testing, and office policy fees not otherwise paid within thirty (30) days of fee accrual including but not limited to, missed, or late cancelled appointment fees.
- 2. 2) Failure to comply with the practices Financial Policy, in total will result in the following: a. No future appointments will be scheduled for the patient.
 - b. Your account will be turned over to a collection agency.
 - c. We will provide a summary copy of your medical records and ensure prescription for one (1) month supply of appropriate medication. (At the discretion of the medical services provider). We greatly appreciate your understanding and cooperation.

l,	(parent, legal guardian, patient if 18 or older), acknowledge that I
understand the Attention-MD N.	J, Credit/Debit card policy.
Card Type: Name of	on Card:
Card Number:	
Evniration Date:	200
Expiration Date: C	v v
Billing Address:	City:
	Guarantor Signature or Patient (if 18 or older) Date